

Subject: Protecting your family **NAME**

Hey **NAME**,

I saw this video and wanted to share it with you.

It's by a leading Doctor in New York who is working with the worst cases of COVID-19 for the past 3 months. He talks through how he is keeping his family safe even while working with the worst cases and how you can do too.

Click here to watch this amazing video.

[SCREENSHOT OF VIDEO]

Once you've watched it, feel free to forward this email.

I think it will give you a lot of comfort and reassurance.

Speak soon and stay safe,
Dave

P.S In this morning's team meeting we mentioned maybe doing a 30 day online exercise program to help people strengthen their bodies, lungs and mental health.

Strengthening your immune system will never be more important than right now and in the coming months.

Would this be something that you would be interested in **NAME**? **HIT REPLY** and let me know your thoughts and anything that you'd like us to cover in the program :)